

*O Allah, I am Your slave and the son of Your male slave and the son of Your female slave.*

*My forehead is in Your Hand. Your judgment upon me is assured and Your Decree concerning me is just.*

*I ask You by every name that You have named Yourself with, revealed in Your Book, taught any one of Your creation or kept unto Yourself in the knowledge of the unseen that is with You,*

*to make the Quran the spring of my heart, and the light of my chest, the banisher of my sadness, and the reliever of my distress.*

*Ahmad 1/391 and Al-Albaanee declared it sahih*