

ABSTRACT

This study was conducted at Bank Nagari Kantor Pusat Padang using job stress as independent variable and performance as dependant variable. The purpose of this study is to know and analyze how the level of employee performance, how the level of work stress, and know the amount of influence work stress on employee performance at Bank Nagari Kantor Pusat Padang.

This study uses quantitative method. This study type is descriptive and causal. Data analysis technique used is descriptive analysis, simple linear analysis, partial hypothesis test (Test T) and coefficient of determination (R^2). Sampling was done by Simple Random Sampling method with 90 respondents.

Employee appraisal of job stress levels is in fairly high categories and employee performance appraisals are in good category. Based on the results of hypothesis testing, job stress has a positive and significant effect on employee performance at Bank Nagari Kantor Pusat Padang. Based on the determination coefficient test obtained value of 0.417 or 41%. This indicates that the influence of job stress on employee performance is 41% while the rest of 59% is influenced by other variables not examined in this study.

Keywords : Stress, Job stress, Employee performance