

ABSTRACT

Having a good health is every human's dream. Not only physically healthy, but mentally healthy is also very important to have. It is true as a social creature, humans must have empathy with each other, especially with those who do not have good mental health, because there are some among humans who live with one mental illness, namely neurosis. But as it becomes an irony, in fact there are still many people who have not received information about neurosis, especially for mentally healthy people who do not know how special attitudes should be taken for people with neurosis. The purpose of this design is to provide information as well as education to the public about neurosis. Through data collection methods, questionnaires, interviews, literature studies, and comparison matrices, it can be concluded that the media used are digital illustration book, because they have many enthusiasts.

Keywords : Digital Illustration Book, Neurosis, Mental health