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**ABSTRACT**

*Health is one of the important elements in the life of all activities carried out by humans. For this reason, it is necessary to monitor health regularly, monitoring health can be done using the wireless body area network (WBAN) method, which is an integrated system consisting of a group of sensor modules that are distributed and connected wirelessly to a particular network topology and function to extract and share information. to be processed according to the application field. Health is a very important thing to always pay attention to considering the condition of the human body is not always in a healthy condition because humans can move because they are healthy from within.*

*Keywords: health, monitor, WBAN.*