

ABSTRACT

Every human being has a golden period in his life, the golden age or The Golden Age is the most appropriate time to stimulate individual development and this period occurs when humans are only 0-6 years old. One of the efforts that can be done in utilizing the golden age is to train fine motor skills and teach basic activities so that children will be able to perform and grow according to their age. Lack of fine motor stimulation can cause disturbances in the nervous system which results in decreased function and ability of children to carry out daily activities that have an impact on children's quality of life. This is the background for designing activity books to train children's fine motor skills as an educational medium for children. This study aims to design educational media to train children's fine motor skills with simple basic activities. The method used in the research is literature study, interviews, questionnaires and observations. The results of the study were in the form of an activity book design to train children's fine motor skills. With this design, it is hoped that it can help parents in providing facilities for children to learn and play in the early days of their children's lives.

Keywords: *Fine motor, early childhood, activity book.*