

# LIST OF CONTENTS

<b>APPROVAL PAGE</b> .....	<b>i</b>
<b>SELF DECLARATION AGAINST PLAGIARISM</b> .....	<b>ii</b>
<b>ABSTRACT</b> .....	<b>iii</b>
<b>LIST OF CONTENTS</b> .....	<b>iv</b>
<b>LIST OF IMAGES</b> .....	<b>vii</b>
<b>LIST OF TABLES</b> .....	<b>xi</b>
<b>LIST OF TERMS</b> .....	<b>xii</b>
<b>LIST OF ABBREVIATIONS</b> .....	<b>xiii</b>
<b>BAB I INTRODUCTION</b> .....	<b>1</b>
<b>1.1. Background</b> .....	<b>1</b>
<b>1.2. Problem Identification</b> .....	<b>3</b>
<b>1.3. Objectives</b> .....	<b>3</b>
<b>1.4. Scope Limitations</b> .....	<b>4</b>
<b>1.5. Methodology</b> .....	<b>5</b>
<b>1.6. Research Methods</b> .....	<b>5</b>
<b>1.7. Contributions</b> .....	<b>6</b>
<b>BAB II MAIN SYSTEM</b> .....	<b>7</b>
<b>2.1. Indoor System</b> .....	<b>7</b>
<b>2.1.1. Pose Estimation</b> .....	<b>10</b>
<b>2.1.2. Blaze-Pose</b> .....	<b>12</b>
<b>2.1.3. LSTM (Long Short-Term Memory)</b> .....	<b>15</b>
<b>2.1.4. Yolo Algorithm</b> .....	<b>19</b>
<b>2.1.5. Bed Sleeping Position</b> .....	<b>21</b>

2.1.6.	VL53LOX Sensor .....	25
2.2.	Outdoor System .....	26
2.2.1.	Inertia Sensor .....	28
2.2.2.	ANN (Artificial Neural Network) .....	30
2.2.3.	Edge Impulse .....	31
<b>BAB III</b>	<b>OUTDOOR SYSTEM.....</b>	<b>32</b>
3.1.	Monitoring Sub System with Camera .....	32
3.1.1.	Monitoring System Design with Camera .....	32
3.1.2.	Monitoring Sub System Process with Camera .....	35
3.1.3.	Flowchart of Monitoring Sub System with Camera .....	42
3.1.4.	User Interface Monitoring with Camera .....	44
3.1.5.	Camera Position for Blaze-Pose.....	45
3.1.6.	Dataset on Blaze-Pose .....	48
3.1.7.	Real-time Simulation with Blaze-Pose .....	64
3.1.8.	Simulation of YOLOv8 in Real Time .....	73
3.1.9.	Real-time Simulation of Monitoring Sub-System with Camera	75
3.2.	Bed Mechanical Sub System.....	79
3.2.1.	Bed Mechanical System Design .....	79
3.2.2.	Bed Mechanical Sub System Process .....	84
3.2.3.	Bed Mechanical Sub System Flowchart.....	92
3.2.4.	User Interface of Bed Mechanical Sub System .....	94
3.2.5.	Bed Mechanical Simulation and Testing .....	97
3.3.	Android Apps All Systems.....	106
<b>BAB IV</b>	<b>OUTDOOR SYSTEM.....</b>	<b>109</b>
4.1.	System Design on Outdoor System .....	109
4.2.	Outdoor System Process .....	112
4.3.	Real-time Simulation of Outdoor System .....	118

4.4. GPS Location Tracking and Outdoor System Area Capture .....	123
<b>BAB V CONCLUSION .....</b>	<b>126</b>
5.1. Conclusion .....	126
5.1.1. Indoor System.....	126
5.1.2. Outdoor System.....	126
5.2. Suggestion.....	127
5.2.1. Indoor System.....	127
5.2.2. Outdoor System.....	127
<b>LIST OF LITERATURE.....</b>	<b>129</b>
<b>APPENDIX .....</b>	<b>134</b>
Appendix A (Source Code) .....	134
Appendix B (Dataset) .....	180