

ABSTRACT

This study aims to describe the intrapersonal communication of young adult women with a fatherless background in choosing a life partner. The research uses a qualitative approach to understand the phenomena experienced by research subjects, such as behavior, perceptions, motivations, and actions, holistically and descriptively. The study focuses on how intrapersonal communication is formed in young adult women experiencing fatherlessness due to abandonment. Data was collected through in-depth interviews with five key informants (women aged 18-25 years living without a father figure) and one expert informant (a psychologist). The findings indicate that the intrapersonal communication process involves four main stages: sensation, perception, memory, and thinking. The absence of a father figure, whether physically or emotionally, triggers emotional responses such as emptiness, disappointment, loss of self-confidence, and fear. These sensations shape their perceptions of a father's role, often leading to negative or incomplete memories. However, through the thinking stage, these women engage in deep reflection, transforming past emotional wounds into a foundation for building healthier and more realistic relationships in the future. This process demonstrates their ability to selectively choose partners based on a more mature self-understanding and emotional needs, moving towards self-healing and identity formation.

Keywords: intrapersonal communication, young adult women, fatherless, life partner selection