

ABSTRACT

This study focuses on the increasing phenomenon of long-distance marriages (LDM) due to work and education demands, particularly within the Telkom University environment. This situation creates complex communication challenges in maintaining household harmony, including conflict, boredom, arguments, and misunderstandings between couples. The study aims to understand how couples in long-distance marriages manage their interpersonal communication, especially in resolving conflicts such as arguments and boredom among Communication Science lecturers at Telkom University. The research method employed is a qualitative approach with a descriptive orientation. The results indicate that married couples in LDM can maintain relationship harmony through goal alignment, open communication, emotional management, and creativity in their interactions. Although distance poses a significant challenge, informants interpret it as an opportunity for self-reflection and personal and relational growth. The success of an LDM relationship depends on both parties' awareness and commitment to consistently maintaining emotional closeness.

Keywords: Long Distance Marriage, Boredom, Interpersonal Communication