

FOREWORD

All praise and gratitude are offered to Allah SWT for His abundant mercy, guidance, and blessings, which have helped the author complete this final project titled “Designing Digital Comics to Educate About Sleep Quality and Health Consequences for Young Adults.” This final project was prepared as one of the requirements for obtaining a Bachelor of Design degree from the Visual Communication Design Study Program at Telkom University. With deep respect and gratitude, the author would like to express appreciation to:

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I acknowledge that there are still many errors in the preparation for this final project, thus, I am open to receiving criticisms and suggestions for improvement. I hope this report can be beneficial for future readers and researchers.

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